



# The Los Angeles Trust for Children's Health



MISSION REPORT 2022

## VISION

A world where every student is healthy and successful.

## MISSION

Bridging health and education to achieve student wellness.

**T**he L.A. Trust serves as Los Angeles Unified's backbone health entity, bridging the gap between LAUSD, community clinics, mental health providers, advocacy groups and program partners to tackle collaboratively the urgent issues affecting the lives of young people, including substance use prevention, oral health, nutrition, mental health, HPV prevention and sexual and reproductive health.

The L.A. Trust brings health and education together to eliminate healthcare inequities and achieve student wellness for all.


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## A year of challenge. A year of change.

**T**he 2021/2022 school year was an incredible period. It was a year of change as our communities continued to adapt to COVID-19 becoming a semi-permanent part of our world. It was nothing any of us could have expected. Throughout the hardships and uncertainties of the pandemic, I've been very proud to work alongside a tireless staff, our committed board members, and our resilient partners.

Through our collective efforts during this difficult year, we were able to raise funds for our various programs and expand our research with the Data xChange. We advocated for new funding in student mental health; oral health; and sexual and reproductive health for all students in communities where it was less accessible. We continued making consistent progress towards our goal of strengthening our Los Angeles students by providing equitable access to quality health care for students, their families, and their communities.

Best regards,

**Maryjane Puffer**  
Executive Director




**Brandon K. Burris**  
President

The Los Angeles Trust for Children's Health hired eight new team members to expand our capacity, nearly doubling our staff to 20. With new staff investments aimed at student engagement, research and policy, The L.A. Trust will impact more students, implement more programs and drive policy in new and powerful ways.

Along with the rest of the world, our communities, schools and healthcare systems have had to rapidly adapt as the COVID-19 pandemic forced transformational changes and laid bare the social inequities that have plagued our society for generations. As we move through 2022, we continue to seek ways to increase access, equity, and awareness, as well as to bring high-quality healthcare services to the students we serve. It has been an extraordinary year despite the challenges, and we look forward to strengthening our partnerships as we work to bridge education and healthcare to achieve student wellness.



## STUDENT ENGAGEMENT

# A great year for student engagement

**A** key component in bridging health and education to achieve student wellness is creating communities in which everyone has an equal opportunity to be as healthy as possible. Gaining the support of students and community leaders is crucial to the success of any health-related program. Since the pandemic began, The L.A. Trust has worked to connect students to healthcare services through Student Advisory Boards, Youth Community Ambassador Networks, and related events. We are proud of the work that has been done and feel honored to work with the student leaders in our communities, but there is still much to be done.

Every Wellness Center school has a Student Advisory Board (SAB) sponsored by The L.A. Trust where student health advocates hone their leadership skills by mentoring and training their peers. They build knowledge through their campaigns, advocate for student health and wellness, and increase access to care. SABs also provide youth a vehicle to find their voices

and express concerns about the needs of their communities.

Student Advisory Boards have proven to be invaluable in raising awareness and providing feedback on student outreach campaigns. This year The L.A. Trust welcomed additional adult allies on staff to provide support to our SABs. The presence of the new adult allies was extremely beneficial for everyone as SABs aimed to engage more with school principals and create additional learning opportunities through on-campus activities. Our adult allies are responsible for multiple SABs and meet with students regularly throughout the year in-person and virtually. Six adult allies managed a total of 10 SABs. They started virtually; for the second half of the school year, three SABs met in person, one offered both options and six remained virtual.

Many students who volunteer as student advisors are also part of the Community Ambassador Network (CAN), a program started by the Los Angeles County Department of Mental

Health. The L.A. Trust was able to expand our work with SABs thanks to a CAN grant funded by the Department of Mental Health and California Mental Health Services Authority. This expansion helped us to continue working with our SABs virtually. Student CAN ambassadors are trained over 60 hours in youth mental health awareness and conduct outreach to peers, families, and teachers in the school community. Ambassadors also participate in up to three mental health awareness activities per school year and join SAB engagement efforts and community needs assessments.

The L.A. Trust and Student Advisory Boards hosted the annual Youth-to-Youth (Y2Y) Health Summit in April 2022 at the Los Angeles Trade

Technical College. The conference was led by youth, for youth, and offered workshops that focused on total health and wellness for the body, mind, and soul. The event aimed to elevate youth voices and gave students an opportunity to connect with each other through health topics. A total of 90 students from 11 schools attended this year's event, surpassing last year's virtual Y2Y Health Summit.

It was a great year for student-led action, and we look forward to building more bridges to a healthier tomorrow.

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***Student Advisory Boards have proven to be invaluable in raising awareness and providing feedback on student outreach campaigns.***





## MENTAL HEALTH

### The Youth Mental Health Collaborative

Last year The L.A. Trust partnered with L.A. Unified, mental health providers, and students to create the Youth Mental Health Collaborative. The first meeting was hosted by The L.A. Trust in Spring 2021 and continues to meet on a quarterly basis. The group is working to increase pathways to mental health services for students and co-create systems improvement in partnership with youth.

The Youth Mental Health Collaborative is part of The L.A. Trust's Student Mental Health Initiative, funded by Ballmer Group, Cedars-Sinai, Dignity Health and Health Net. The initiative includes training programs and social media campaigns created in collaboration with students to facilitate referrals and raise awareness around mental health. As part of the program, The L.A. Trust has trained over 200 L.A. Unified teachers and community partners in Youth Mental Health First Aid, which is designed to teach adults how to help adolescents experiencing a mental health or addiction challenge. In addition, trainings are also provided to students on Question, Persuade

and Refer (QPR), a program aimed at reducing suicidal behaviors.

Furthermore, we also held two significant student mental health surveys this school year with the Community Ambassador Network (CAN). The first survey was taken in the Fall Mental Health Academy three-day training for students in November of 2021. Students completed an evaluation survey reflecting changes in mental health attitudes before and after the Fall Academy. The second survey was taken this year in our annual Youth-to-Youth (Y2Y) Health Summit held in April. This survey gathered data contrasting CAN students with general population students in regard to their attitudes towards mental health.

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***The L.A. Trust has trained over 200 L.A. Unified teachers and community partners.***

## SUBSTANCE USE

### Using data to battle substance abuse

The L.A. Trust partnered with Children's Hospital Los Angeles and the California Community Foundation to help educate students in the Los Angeles Unified School District on substance abuse and prevention. The Wellness & Adolescent Substance Use Prevention Project (WASUP) includes Screening, Brief Intervention and Referral to Treatment (SBIRT) training and peer education by student health advocates from The L.A. Trust's Student Advisory Boards. WASUP training for school-based healthcare professionals included a series of webinars discussing vaping and SBIRT. We are in process of developing two issue briefs, one highlighting the importance of partnerships to support students during the pandemic, and the other to describe UMMA Community Clinics best practices in SBIRT.

The L.A. Trust and Children's Hospital also provided technical assistance to all our Wellness Centers by providing trainings to clinical staff on how to conduct substance use screenings with young patients.

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***Accurate and actionable health data integration remains a high priority for Wellness Centers across L.A. Unified.***

While Wellness Centers continue to gather SBIRT data, The L.A. Trust is using UMMA's Wellness Center at Fremont High as a pilot model for collection of Brief Intervention data using electronic medical records. With the success of this model, The L.A. Trust seeks to implement the same systems across all 17 Wellness Centers.



## WELLNESS CENTERS

### Committed to health equity in L.A.

**W**ellness Centers are designed to serve not just students, but their families and community members, too. These clinics serve a diverse population and are deeply committed to health equity—they turn away no one. During the COVID-19 pandemic, our Wellness Centers proved essential for providing access to preventive health and mental health care services.

***Wellness Centers are designed to serve not just students, but their families and community members, too.***

The Learning Collaborative is a biannual meeting of Wellness Center clinicians and administrators as well as LAUSD Student Health and Human Services staff. Together they review data reports and elevate best clinical practices. As part of their operating agreement with LAUSD, Wellness Centers are required to submit data on services and participate in the Learning Collaborative. The L.A. Trust convenes the Learning Collaborative and makes HIPAA protected data reporting seamless, consistent, and efficient through our Data xChange.

The L.A. Trust in partnership with health providers and LAUSD Student Health leadership developed a school integration tool that measures effective partnerships. The measurement process has been tested and reviewed by peers for its efficacy and has been published in the [Journal of School Health](#).

## WELLNESS CENTERS

Seventeen Student and Family Wellness Centers have been established to serve both student and community members, with more on the way. The L.A. Trust plays a pivotal role in this Wellness Network, advocating for its expansion, supporting the exchange of best practices through Learning Collaboratives, and connecting the clinics to student health initiatives from The L.A. Trust and others. Student achievement depends on student wellness, and school-based health centers are indispensable. The L.A. Trust is working to ensure that every child has equal access to healthcare and an equal opportunity for success.

**Belmont High School  
Carson High School  
Crenshaw High School  
Elizabeth Learning Center  
Fremont High School  
Gage Middle School  
Garfield High School  
Hollywood High School  
Jefferson High School**

**Jordan High School  
Locke Preparatory  
Maclay Middle School  
Manual Arts High School  
MaCES  
Monroe High School  
Santee Education Complex  
Washington Preparatory**



## SEXUAL & REPRODUCTIVE HEALTH Partners in prevention

**D**uring the 2021 school year, The L.A. Trust and our SABs continued our partnership with FCancer to increase awareness of HPV and the vaccine. Considering the rapid increase of rates of sexually transmitted infections (STIs) in L.A. County among young people, with students of color disproportionately affected, The L.A. Trust focused heavily on prevention of STIs like chlamydia, gonorrhea, syphilis and HIV. With the continued support of Essential Access Health, we helped students build awareness among their peers and promoted

prevention and screenings at Wellness Centers.

The L.A. Trust supported several student tabling campaigns during school hours and after hours to raise awareness and promote Wellness Center services such as STI testing, birth control, and condoms while educating students about consent, healthy relationships, California Healthy Youth Act, and confidentiality.



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***The L.A. Trust focused heavily on prevention of STIs.***

## COVID-19 YOUTH TASK FORCE Increasing awareness and vaccinations

**T**he L.A. Trust was proud to encourage voluntary vaccinations last summer. High school students from 16 different campuses joined The L.A. Trust COVID-19 Youth Task Force to educate their communities about the dangers of the coronavirus and the importance of vaccination. For many — quarantined for a year and grieving lost loved ones — the effort was personal. The students, ages 15 to 17, had a lot on their plates, including learning about COVID-19 and developing community presentations and social media campaigns. The task force was funded by a grant from Aspiration founder Joe

Sanberg and facilitated by Ethos Giving. This work will continue through a grant to UCLA from the National Institutes of Health.

The Los Angeles Trust for Children’s Health also teamed with the L.A. County Department of Public Health, the Public Health Institute and 12 clinics and agencies to increase vaccinations and vaccine awareness as part of the WeVax + LA campaign.



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***High school students from 16 different campuses joined The COVID-19 Youth Task Force.***



## ORAL HEALTH

### Survey set to inform new programs

**L**AUSD students were back on campus and so were oral healthcare educators from The L.A. Trust. Operation Tooth Fairy once again was a success with our kid-friendly puppet Billy sharing healthy dental tips and distributing dental supplies to students. Children received instruction along with oral healthcare kits containing toothbrushes and Sesame Street brochures. Staff were excited to be back in the classroom teaching good oral healthcare habits to the students.

Last year The L.A. Trust partnered with the Los Angeles County Department of Public Oral Health Program to survey how 28 school districts with the largest elementary enrollments in L.A. County are reporting, collecting, and distributing data on the Kindergarten Oral Health Assessment (KOHA) project. The culmination of that research was shared by The L.A. Trust via Zoom in May

2022 with L.A. Unified, L.A. County and Smile California. The L.A. Trust shared key findings from the survey that highlighted best practices, challenges of gathering the necessary data, and recommendations on how to improve reporting to capture accurate and timely data. The L.A. Trust is finalizing a full report in collaboration with the L.A. County Health Department that will be ready later this year.

Oral health leaders from the healthcare industry, nonprofits, academia, and the government met online at The L.A. Trust's Oral Health Advisory Board quarterly meetings. Representatives from about 20 organizations discussed ways to help students to access oral health services (specifically universal Kindergarten screening), how to improve screening assessments, and best practices for student oral healthcare amid the coronavirus pandemic.

## RESEARCH

### Data xChange to identify health inequities

**T**he L.A. Trust Data xChange is a data analytics platform that integrates confidential and anonymized student health and academic data. The Data xChange provides more robust, accurate and timely healthcare data to healthcare providers and is the first such system in the nation that combines student wellness and performance data on a regular basis. The L.A. Trust Data xChange is a critical tool in the search for solutions that take a holistic approach to student and community health concerns and make our schools a center of well-being.

The L.A. Trust has received significant funding to expand our Data xChange, including support to integrate mental health data. It also validated that visits to Wellness Centers and mental health providers statistically and significantly impact student attendance. The investment enables The

L.A. Trust and its partners to identify health equity deficits and emerging public health concerns; leverage data to pioneer performance and quality improvement practices; direct local-control funding; and design prevention and education programs to meet student and community needs.

The L.A. Trust published a new Data xChange Impact Report illustrating the impact of School Based Health Centers on students, families, and community members in L.A. Unified's disadvantaged areas. The report provided an in-depth analysis of attendance and student health data showing that visiting a school-based health center was associated with an increase in school attendance.





## EVENTS & PARTNERSHIPS

# 2021 Salute To Student Health

The Los Angeles Trust for Children's Health honored former Los Angeles Unified Superintendent Austin Beutner with The L.A. Trust Visionary Award and Dr. Margaret Lynn Yonekura of Dignity Health-California Hospital Medical Center with The L.A. Trust Champion Award at its first-ever Salute to Student Health in September 2021. More than 200 educators, healthcare professionals, civic leaders and donors attended the gala in person at Vibiana in downtown Los Angeles or online.



## PARTNERS

The work that we do would not be possible without the support of our partners. Your commitment to student health, your friendship and your generosity inspire everything that we do. Thank you to all our partners for helping make this an incredible year. We look forward to working with you in 2023 and beyond.

A SPECIAL THANKS TO OUR MOST COMMITTED PARTNERS

### Ballmer Group

The Eli and Edythe Broad Foundation

California Community Foundation

California Department of Public Health

California Mental Health Services Authority

Capital Group

Cedars-Sinai Medical Center

Children's Hospital Los Angeles

The Carol and James Collins Foundation

Delta Dental

Dignity Health

Essential Access Health

Max Factor Family Foundation

FCancer

Goldman Sachs Gives

Good Hope Medical Foundation

The Green Foundation

Insperty



### Kaiser Permanente

W. M. Keck Foundation

William M. Keck Jr. Foundation

L.A. Care Health Plan

Los Angeles County Department of Mental Health

Los Angeles County Department of Public Health

Los Angeles Unified School District

The Ralph M. Parsons Foundation

Anthony & Jeanne Pritzker Family Foundation

QueensCare

Samerian Foundation

Satterberg Foundation

Smile America Partners

Tangram Interiors

UniHealth Foundation

Weingart Foundation

Ruth & Allen Ziegler Foundation





## ADVOCACY

# Healthcare leaders form policy roundtable

Earlier this year an invited group of leaders in children’s health and student wellness assembled at the kickoff meeting of The L.A. Trust School-Based Health Policy Roundtable. The Roundtable, which is funded by Cedars-Sinai, includes participants from the public and private sectors who will review strategies to expand advocacy, equity, and effectiveness of school-based healthcare in Los Angeles County.

Roundtable membership consists of over 50 school-based healthcare providers, school districts, youth leaders, LA County Department leaders, Medi-Cal health plans, and advocacy and community-based organizations. The group meets quarterly, with working committees that meet monthly. We’re looking forward to the results of this collective impact.

**Participants will review strategies to expand advocacy, equity, and effectiveness of school-based healthcare in Los Angeles County.**



## LEADERSHIP

# L.A. Trust welcomes three new board members

Earlier this year the Board of Directors voted long-time Board Member Brandon K. Burriss of Merrill Lynch Financial Services to serve on the Executive Committee as President.

The Board also appointed three new members with a deep understanding of healthcare management and healthcare technology. The new board members include Jerry C. Cheng,

MD, Kaiser Permanente; Julie H. Park, MD, Kaiser Permanente; and Bobby H. Lee, founder, Project XV.

We look forward to working with all our board members as we head into our fourth decade of bridging health and education to achieve student wellness and putting care in student healthcare.

### EXECUTIVE DIRECTOR

Maryjane Puffer

### EXECUTIVE COMMITTEE

#### President

Brandon K. Burriss

#### Vice-President

Toyomi Igus

#### Secretary

Patrice Marshall McKenzie

#### Treasurer

Keith Pew

#### Executive Director, LAUSD Student Health & Human Services

Pia V. Escudero

### BOARD OF DIRECTORS

Jerry C. Cheng MD\*

Bobby H. Lee\*

Rebecca Dudovitz, M.D.

Evelyn González-Figueroa, Ph.D., MPH

Julie Park, MD\*

Nicole J. Jones

Jordan B. Keville, Esq.

Ana Perales

Michelle Thatcher

\*Newest board members

### DIRECTORS EMERITUS

Helen DuPlessis, M.D., MPH

Rick Ellingsen, J.D.

Rene Gonzalez

Jan Kern, MA

Joel Polachek

Harold Slavkin



## STAFF

**Maryjane Puffer**  
Executive Director

**Anna Baum**  
Director Of Development & Communications

**Marsha Ellis**  
Director Of Programs

**Jason Yu**  
Director Of Finance

**Casey Balverde**  
Data And Research Analyst

**Kelly Bui**  
Executive Assistant

**Jasmine Cisneros**  
Program Associate

**Karla Debray**  
Program Assistant

**Julie Edens**  
Fundraising & Events

**Mariam Jimenez**  
Communications Manager

**Taylor Johnson**  
Program Associate

**Hailey Jures**  
Grants & Development

**Katie Melara**  
Program Coordinator

**Ifrah Moalin**  
Health Educator

**Robert Renteria**  
Senior Program Manager

**Noe Rivera**  
Senior Program Manager, Mental Health

**Sabrina Rodrigues**  
Program Manager

**Mackenzie Scott**  
Program Manager

**Gabrielle Tilley**  
Senior Policy Manager

**Nancy Vega**  
Controller

**Esther Yopez**  
Program Manager

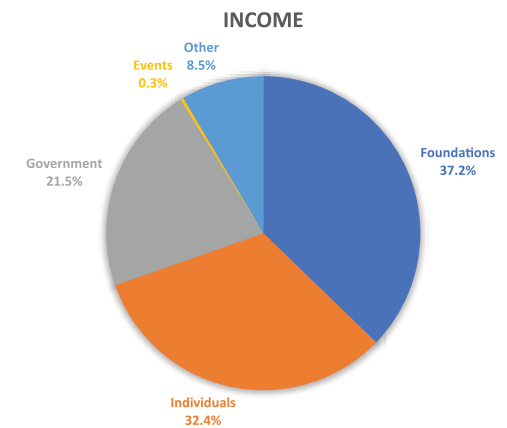
**Alex Zepeda**  
Senior Research And Data Analyst

## FINANCIALS

The Los Angeles Trust for Children's Health relies entirely on grants and individual donations for support, and we thank everyone who supported our work.

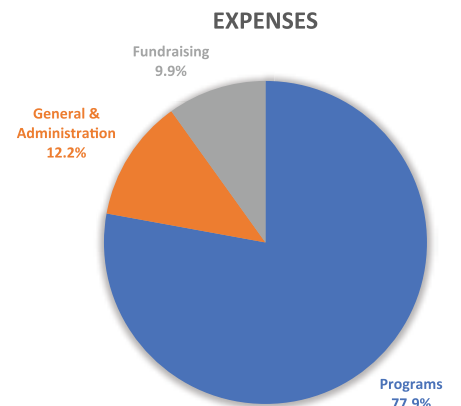
### Revenues and support

	Without Donor Restrictions	With Donor Restrictions	Total
Contributions (including in-kind contributions of \$1,026,913)	\$2,349,490	\$1,188,468	\$3,537,958
Interest and other income	5,433	-	5,433
Special events	11,542	-	11,542
Net assets released from restrictions	776,071	(776,071)	-
<b>Total Revenues and Support</b>	<b>3,142,536</b>	<b>412,397</b>	<b>3,554,933</b>



### Expenses

Program Services	\$2,424,025	-	\$2,424,025
Support Services	380,646	-	380,646
Fundraising	308,202	-	308,202
<b>Total Expenses</b>	<b>3,112,873</b>	<b>-</b>	<b>3,112,873</b>
<b>Change in net assets</b>	<b>29,663</b>	<b>412,397</b>	<b>442,060</b>
<b>Net assets at beginning of year</b>	<b>352,846</b>	<b>176,859</b>	<b>529,705</b>
<b>Net assets at end of year</b>	<b>382,509</b>	<b>589,256</b>	<b>\$971,765</b>



### Assets

Cash and equivalents	\$1,042,765
Short-term cash investments	284,267
Grants receivable	140,651
Other current assets	6,250
<b>Total assets</b>	<b>1,473,933</b>

### Liabilities

Accounts payable and accrued expenses	\$234,168
Refundable advance	268,000
<b>Total liabilities</b>	<b>502,168</b>
<b>Net assets</b>	
Without donor restrictions	382,509
With donor restrictions	589,256
<b>Total net assets</b>	<b>971,765</b>
<b>Total liabilities and net assets</b>	<b>1,473,933</b>

Year ended June 30, 2021. Independently audited. For the full audit email [info@thelatrtrust.org](mailto:info@thelatrtrust.org).



Putting the care in student healthcare



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