



The Los Angeles Trust
for Children's Health

Mission Report

'23





The Los Angeles Trust for Children's Health

We facilitate screenings and student-led education on urgent health issues, including mental health, oral health, vaping, substance use, nutrition, and sexual and reproductive health, all in the safe and trusted setting of our public schools.

We collect and analyze data to help drive policy change and find innovative solutions. Additionally, we provide guidance for funding and programs, as well as build a strong case for expanded school-based healthcare.

We bring educators, healthcare providers, students, and community agencies and leaders together to tackle urgent issues affecting the lives of young people. Together we dissolve barriers to access through advocacy and collective impact.

VISION

A world where every student is healthy and successful.

MISSION

Bridging health and education to achieve student wellness.



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Building resilience & lifting our students' voices



**MARYJANE
PUFFER**

EXECUTIVE
DIRECTOR



**BRANDON
BURRISS**

PRESIDENT

Our commitment to student engagement remains unwavering. This past school year, our dedicated staff and board members have continuously focused on our mission to bridge the gap between education and student health. With programs like our Student Advisory Boards and Youth Community Ambassador Networks, we have connected students with crucial healthcare services, empowering them to advocate for their well-being. Notably, the student-led initiative at George Washington Preparatory High School raised awareness about hydration stations and plastic bottle waste, showcasing the transformative power of student advocacy.

In collaboration with Big Smiles Dental and the County of Los Angeles County Department of Public Health our oral health initiatives were able to reach more schools, children, and parents with oral health education and screenings. We remain dedicated to improving oral health outcomes through partnerships, outreach efforts, and education.

We recognize the critical importance of mental health and remain committed to our work in our Student Mental Health Initiative. This includes implementing training programs and supporting student-led health campaigns through tabling and social media. Through these efforts, we strive to make a lasting impact on the well-being of our youth. Our Youth Mental Health Collaborative has gathered input from providers and students, resulting in a three-year strategic scope of work to increase access to care and seamless support for students.

Our policy advocacy efforts continue to prioritize student well-being. We convene The L.A. Trust School Health Policy Roundtable, a collaborative of over 30 member organizations, advocating to expand peer-to-peer programs across L.A. County, and create conditions for

successful implementation of the state’s nearly \$8 billion investment in the California Community Schools Partnership Program and the Children and Youth Behavioral Health Initiative. By bringing local health and education advocates together, we strive for collective impact in advancing policies that support student wellness.

Thank you for your continued support as we work together to prioritize student health and well-being. Together, we can create a brighter and healthier future for our students—one where their well-being is nurtured, their voices are heard, and their potential is unlocked. Because when education and health converge, we can ensure that students thrive, achieve, and become the leaders of tomorrow.



Maryjane Puffer
Executive Director



Brandon Burriss
President

Leadership

EXECUTIVE DIRECTOR

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STUDENT ENGAGEMENT

Advancing student health and advocacy

In the Summer of 2022 we celebrated the second year of students returning to full-time classrooms, reigniting their enthusiasm for education and ambitions beyond high school. This past year we

remained dedicated to promoting health and education while focused on student engagement and community support. Our collaboration with exceptional student leaders was a source of pride as our

pursuit of comprehensive student wellness continued.

In collaboration with student health leaders, The L.A. Trust advocated for increased student access to crucial healthcare services through impactful programs like Student Advisory Boards (SABs) and Youth Community Ambassador Networks. An inspiring example of student-led advocacy emerged from George Washington Preparatory High School. The Washington Prep SAB led a campaign to raise awareness about the harmful effects of plastic bottle waste and the need for additional hydration stations on campus. The campaign showcased the transformative power of student advocacy that resulted in new water stations on the school campus with support from The L.A. Trust and the Metropolitan Water District.

This past May, The L.A. Trust hosted its tenth annual Youth-2-Youth (Y2Y) Health

Summit aimed at empowering students to prioritize their health by offering a platform to showcase their work, connect with peers, and address holistic aspects of well-being. Over 100 students participated in this year's summit.

Throughout the school year students actively engaged in peer-to-peer health campaigns, setting up informational tables during lunchtime and weekends. We are proud of our student health leaders who, each year, serve as models for advocacy and engagement. These students fully understand the impact of peer-to-peer education and why fostering a culture of well-being among their peers is the best way to ensure success.

As we head into next year, our unwavering commitment to building a brighter future through student health and wellness remains at the forefront of our work.





ORAL HEALTH

Enhancing children's oral health in Los Angeles

Each quarter, The L.A. Trust convenes the Oral Health Advisory Board, bringing together leaders from healthcare, nonprofits, academia, and government to improve student oral health. Discussions focus on access to services, addressing challenges, and implementing best practices.

To accommodate the increasing number of schools we visit and further our commitment to oral health, The L.A. Trust has employed two additional coordinators to fulfill the growing demand for outreach and screening. In collaboration with

Big Smiles Dental, The L.A. Trust conducted oral health education sessions in 22 LAUSD elementary schools. Through our partnership with the Los Angeles County Department of Public Health, we were able to provide dental screenings, as well as education and resources to parents/caregivers and kindergarten students in 77 schools, highlighting the significance of oral health.

The L.A. Trust remains committed to improving oral health outcomes for children in Los Angeles through partnerships, outreach, and education.

MENTAL HEALTH

Fostering collaboration and action

The L.A. Trust prioritizes student well-being by developing programs to support mental health. In collaboration with L.A. Unified, mental health providers, and students, we launched the Youth Mental Health Collaborative in 2021. Through virtual and in-person meetings, this group is dedicated to finding ways to improve access and share experience on implementing best-in-class mental health services.

The L.A. Trust's Student Mental Health Initiative includes a wide range of impactful endeavors, including training programs and student-led health campaigns. We have trained over 200 L.A. Unified teachers and community partners in Youth Mental Health First Aid, enhancing their ability to support students facing mental health challenges. Student health leaders receive training in the suicide prevention curriculum Question, Persuade, Refer (QPR).

This school year, we have actively sought input from select students to shape a three-year action plan centered around student's access to care, youth voice/outreach, and consistent care coordination. We developed the plan by conducting comprehensive surveys of students and mental health providers to understand needs, gathering student and provider feedback, and incorporating their input throughout the process. This collaborative and student-centric approach has elevated student engagement and defined our three-year action plan.





SUBSTANCE USE PREVENTION

Advocating for Narcan access

As fentanyl overdoses hit our public schools and claimed the lives of over half a dozen students in LAUSD, The L.A. Trust took action. We joined a coalition in consort with the members of the Youth Substance Use Prevention Policy Work Group. Together, we advocated for a district-wide access to Narcan within L.A. Unified. This crucial measure ensures that life-saving medication is readily available, ultimately saving lives and promoting student safety. Additionally, The L.A. Trust prioritized the training of our own staff in proper Narcan administration.

We recently published an issue brief that emphasizes the best practices for substance use prevention and treatment, with a specific focus on UMMA Community Clinic's effective Screening, Brief Intervention and Referral to Treatment (SBIRT) practices. The brief was presented during our Fall Wellness Network Learning Collaborative, where we highlighted the Fremont Wellness Center for their comprehensive approach to SBIRT.



SEXUAL & REPRODUCTIVE HEALTH

Promoting sexual health awareness

During the 2022-2023 school year, The L.A. Trust and our SABs partnered with FCancer to raise awareness about HPV and its vaccine. SAB members organized social media campaigns and tabling events to prevent sexually transmitted infections (STI) and support student health. Student-led tabling campaigns promoted Wellness Centers and services like STI testing, birth control, and education on consent, healthy relationships, and confidentiality.



COVID-19 YOUTH TASK FORCE

The evolution of data knowledge

In its third year, the COVID-19 Youth Task Force has shifted its focus to data analysis, working in collaboration with our partners at UCLA. While previous years emphasized educating friends and family about COVID-19, vaccines, virology, and transmission, this year's objective was to help participants become comfortable with data and data analysis. This year The L.A. Trust and UCLA trained 11 students in data interpretation via multiple interactive sessions where participants analyzed, discussed, and interpreted data in a collaborative environment.



WELLNESS CENTERS

Enriching lives through wellness services

The L.A. Trust collaborates with a broad coalition of partners and funders to increase the number of Wellness Centers on L.A. Unified campuses. This year, we were thrilled to welcome two new wellness centers at MaCES (Maywood) and Mendez High School. Their addition further strengthens our network and extends vital support to students.

Earlier this year we had the opportunity to host the Wellness Network Learning Collaborative meetings in person at the California Endowment in downtown Los Angeles. The Learning Collaborative brought together administrators, clinicians, and student health advocates to share best practices to enhance student health throughout L.A. Unified and promote collaboration and collective growth.

**Belmont High School
Carson High School
Crenshaw High School
Elizabeth Learning Center
Fremont High School
Gage Middle School
Garfield High School
Hollywood High School
Jefferson High School**

**Jordan High School
Locke Prep
MaCES
Maclay Middle School
Manual Arts High School
Mendez High School
James Monroe High School
Santee Education Complex
Washington Prep High School**



POLICY & ADVOCACY

Driving change for student well-being

The L.A. Trust School Health Policy Roundtable collaborates with diverse stakeholders, including healthcare providers, school districts, youth leaders, L.A. County Department leaders, Medi-Cal health plans, and advocacy organizations. Through regular meetings and committees, we work towards collective impact and meaningful outcomes.

With a focus on the local administration of the Mental Health Services Act and its prevention funding, The L.A. Trust assembled a dedicated workgroup of experts and

statewide advocates to develop a robust local advocacy strategy. Together, we aim to safeguard the vital resources necessary for prevention initiatives and ensure the well-being of students.

Drawing inspiration from successful collaborations in other counties and cities across California, we are working on expanding peer-to-peer initiatives in L.A. County and developing a policy brief in collaboration with the California Children's Trust, outlining funding opportunities for peer-to-peer programs in schools through workforce development.



DATA INSIGHTS

Unveiling insights for progress

The L.A. Trust Data xChange platform combines student health and academic data, transforming schools into hubs of well-being. We introduced Data Report Cards to empower administrators, parents/caregivers, and students with accessible information for informed decision-making. The report cards for 14 Wellness Centers during the school year of 2021-2022 showed an increase in student visits, demonstrating their positive impact and surpassing the numbers of previous years. We aim to continue distributing this information and promoting awareness of services through a data-driven approach.

Earlier this year, The L.A. Trust published a new Data xChange Impact Report, highlighting the impact of school-based health centers on students, families, and community members in L.A. Unified's marginalized areas. The report highlights a notable increase in visits related to overweight or obesity diagnoses for both the community and student populations. Furthermore, chlamydia screening visits increased across all visits and particularly within our target population during the 2021-2022 period.



EVENTS & PARTNERSHIPS

Celebrating leaders, igniting awareness

In September 2022, The L.A. Trust honored Dr. Barbara Ferrer and Dr. Jeanne Pritzker at the Salute to Student Health gala. The event recognized their exceptional leadership and commitment to student and community health. Over 200 attendees celebrated at Vibiana in downtown Los Angeles.

This past February in honor of National Children’s Dental Health Month, The L.A. Trust launched the “Brush It Up!” campaign to raise awareness of the importance of brushing teeth and to raise funds for high-quality oral health care and education. The online campaign, aimed at elementary school students, featured videos of students, teachers, administrators, parents/caregivers and supporters, dancing and showing how fun it can be to brush your teeth. The videos were a success in raising funds and awareness, and the team is excited about next year’s campaign.

PARTNERS

The work that we do would not be possible without the support of our partners. Your commitment to student health, your friendship and your generosity inspire everything that we do. Thank you to all our partners for helping make this an incredible year. We look forward to working with you throughout 2023 and beyond.

Anton Consulting

Ballmer Group

The Eli and Edythe Broad Foundation

California Community Foundation

California Department of Education

California Health Care Foundation

California Mental Health Services Authority

Capital Group

Cedars-Sinai Medical Center

Children's Hospital Los Angeles

The Carol and James Collins Foundation

Delta Dental of California

DentaQuest

Dignity Health

Max Factor Family Foundation

FCancer

GPSN

The Green Foundation

Health Net

Insperty

Kaiser Permanente

W. M. Keck Foundation

William M. Keck Jr. Foundation

L.A. Care Health Plan

LIBERTY Dental Plan

Los Angeles County Department of Mental Health

Los Angeles County Department of Public Health

Los Angeles Unified School District

National Institutes of Health

The Ralph M. Parsons Foundation

Patient-Centered Outcomes Research Institute

Anthony & Jeanne Pritzker Family Foundation / Pritzker Foster Care Initiative

Samerian Foundation

Satterberg Foundation

Smile America Partners

UniHealth Foundation

Weingart Foundation

Ruth & Allen Ziegler Foundation



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FINANCIALS

The Los Angeles Trust for Children’s Health relies entirely on grants and individual donations for support, and we thank everyone who supported our work.

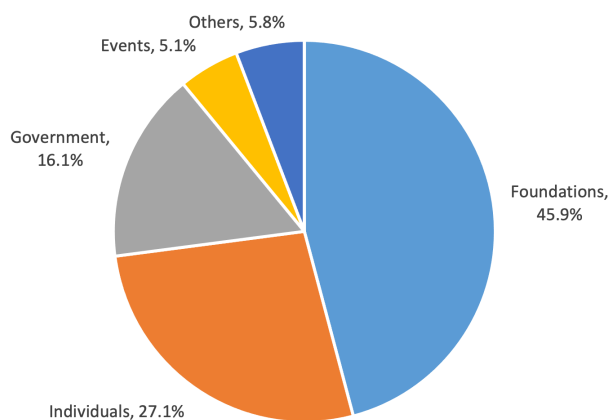
	2022	2021
Cash and cash equivalents	\$1,234,692.00	\$1,042,765.00
Short-term cash investments	\$314,854.00	\$284,267.00
Grants receivable	\$304,149.00	\$140,651.00
Other current assets	\$4,500.00	\$6,250.00
Total Current Assets	1,858,195	1,473,933
Total Assets	1,858,195	1,473,933

LIABILITIES AND NET ASSETS

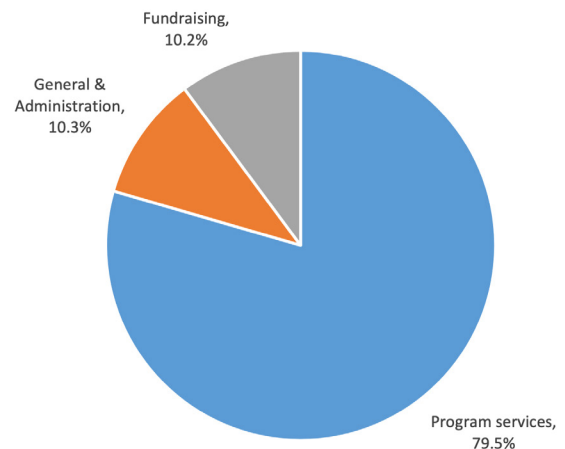
Accounts payable and accrued expenses	256,070	234,168
Refundable advance	-	268,000
Total Current Liabilities	256,070	502,168
Without donor restrictions	483,618	382,509
With donor restrictions	1,118,507	589,256
Total Net Assets	1,602,125	971,765
Total Liabilities and Net Assets	1,858,195	1,473,933

	2022		
	Without Donor Restrictions	With Donor Restrictions	Total
REVENUES AND SUPPORT			
Contributions (including in-kind contributions of \$1,218,228)	2,948,537	1,498,419	4,446,956
Interest and other income	4,483	-	4,483
Special events	241,520	-	241,520
Net assets released from restrictions	969,168	(969,168)	-
Total Revenues and Support	4,163,708	529,251	4,692,959
EXPENSES			
Program services	3,229,355	-	3,229,355
Support services	419,988	-	419,988
Fundraising	413,256	-	413,256
Total Expenses	4,062,599	-	4,062,599
Change in net assets	101,109	529,251	630,360
Net Assets at the Beginning of the Year	382,509	589,256	971,765
Net Assets at the End of the Year	483,618	1,118,507	1,602,125

INCOME



EXPENSES





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