LAUSD Learning Collaborative Meeting

Monday, May 22, 2017
The California Endowment
WELCOME ALL!

Convening of the Learning Collaborative generously sponsored by The California Endowment

The California Endowment
We may encounter many defeats but we must not be defeated.

Maya Angelou
WHO’S HERE TODAY?

“Roll Call!”
BELMONT WELLNESS CENTER

- Health Care Provider: Asian Pacific Health Care Venture Inc.

- Mental Health Provider: LAUSD School Mental Health
CARSON WELLNESS CENTER

- Health Care Provider: South Bay Family Health Care

- Mental Health Provider: LAUSD School Mental Health
CRENSHAW WELLNESS CENTER

- Health Care Provider: T.H.E. Clinic, Inc.
- Mental Health Provider: LAUSD School Mental Health
ELIZABETH LEARNING CENTER WELLNESS CENTER

- Health Care Provider: South Central Family Health Center
- Mental Health Provider: LAUSD School Mental Health
FREMONT WELLNESS CENTER

- Health Care Provider: UMMA Community Clinic
- Mental Health Provider: Weber Community Center
GAGE WELLNESS CENTER

- Health Care Provider: Northeast Community Clinic
- Mental Health Provider: LAUSD School Mental Health
GARFIELD WELLNESS CENTER

- Health Care Provider: Bienvenidos

- Mental Health Provider: Bienvenidos
Hollywood Wellness Center

- Health Care Provider: LAUSD & Kaiser Permanente & Planned Parenthood Los Angeles

- Mental Health Provider: Aviva Family and Children’s Service
JEFFERSON WELLNESS CENTER

- Health Care Provider: South Central Family Health Center
- Mental Health Provider: South Central Family Health Center

The L.A. Trust
Student Health = Student Success
JORDAN WELLNESS CENTER

- Health Care Provider: Watts Healthcare Corporation
- Mental Health Provider: SHIELDS for Families/Children’s Institute
LOCKE WELLNESS CENTER

- Health Care Provider: Watts Healthcare Corporation
- Mental Health Provider: LAUSD School Mental Health
MANUAL ARTS WELLNESS CENTER

- Health Care Provider: St. Johns Well Child Center
- Mental Health Provider: Los Angeles Child Guidance Clinic
MONROE WELLNESS CENTER

- Health Care Provider: Valley Community Healthcare

- Mental Health Provider: Child and Family Guidance Center
WASHINGTON PREP WELLNESS CENTER

- Health Care Provider: St. Johns Well Child & Family Center
- Mental Health Provider: LAUSD School Mental Health
Today’s meeting objectives

1. Describe efforts taken by LAUSD to promote a culture of social emotional learning.

2. Describe California state law on minor consent and confidentiality.

3. Identify strategies that your Wellness Center may consider implementing to improve student utilization of the Wellness Center for the next academic year.
Topics for this year’s learning collaborative

- Addressing students' stigma on use of wellness centers
- Creation of a strong referral program with key school staff
- Effectively telling our story
- Social emotional learning
- Working with LGBTQ youth

Today’s focus
Our collective goals this year

- Increase student encounters by 10%
- Implement Wellness Network Best Practice Recommendations’ priorities for 2016-17 School Year
**LAUSD Wellness Network Best Practice Recommendations:**

**Priorities for 2016-17 School Year**

<table>
<thead>
<tr>
<th>Access</th>
<th>Awareness and Engagement</th>
<th>Referrals</th>
<th>Training for Wellness Centers</th>
</tr>
</thead>
<tbody>
<tr>
<td>• External appearance – create a check list and discuss at first WCC</td>
<td>• Coordinate a Wellness Center tour with 9th grade health classes</td>
<td>• Create a strong referral program with School Mental Health</td>
<td>• Safe Schools</td>
</tr>
<tr>
<td>• Availability: create a checklist to help communicate hours of operations, where and how to distribute, etc.</td>
<td>• Plan and conduct at least 3 student engagement efforts that: raises student awareness of wellness center services; addresses student reported stigma of utilizing wellness center services; and increases student visits to wellness centers on an annual basis</td>
<td>• Create a strong referral program with key school staff (school nurses, Healthy Start) and focus on students with key indicators (asthma, trauma, etc.)</td>
<td>• In-person orientation/training conducted annually by Organization Facilitator + L.A. Trust staff</td>
</tr>
</tbody>
</table>
Part 1: Social Emotional Learning on LAUSD Campuses

Kim Griffin-Esperon
LAUSD School Mental Health
Part 2: Minor Consent and Students’ Access

- Understanding California’s Minor Consent Laws
- LAUSD Confidential Medical Services Policy and Protocol
- Group discussion: How is your campus interpreting minor consent to ensure students have ability to exercise their rights?
Students’ Right to Consent to Confidential Medical Services

Minors have a statutory right to consent to medical care related to pregnancy, pregnancy prevention, including contraceptive services, and other reproductive health services including pregnancy termination. This right applies to all youth and is not limited to pregnant and parenting teens, and means that minors may receive confidential medical services as described above without the knowledge or consent of their parent/guardian. In addition, any written verification regarding confidential medical services shall not appear in students’ school records and shall be kept in a separate confidential file.
In recognition of this right, the Education Code states that school authorities may excuse any pupil from school for the purpose of obtaining confidential medical services without the knowledge or consent of a parent/guardian. This information is conveyed in the District’s Parent Student Handbook and on the “Emergency Card” signed as part of enrollment: School authorities may excuse any pupil age twelve and older from the school for the purpose of obtaining confidential medical services without the consent of the parent or guardian. In addition, schools may not require that students obtain written parental permission prior to releasing students from school to receive confidential medical services and may not notify parents when students leave school to obtain such services.
Part 3: Safety as Everyone’s Responsibility

Mr. Guy Quinn,
Assistant Principal,
Crenshaw High School
There was an earthquake that registered 6.5 on the Richter Scale with major damages and injuries.

What do you do?
Scenario 2

There is an active shooter outside the campus, and then entering a school building.

What do you do?
Part 4: Monitoring the Progress of the Wellness Network

Encounters for July 2016 – March 2017
<table>
<thead>
<tr>
<th>Year</th>
<th>Total Encounters</th>
</tr>
</thead>
<tbody>
<tr>
<td>2012</td>
<td>4126</td>
</tr>
<tr>
<td>2013</td>
<td>18098</td>
</tr>
<tr>
<td>2014</td>
<td>38762</td>
</tr>
<tr>
<td>2015</td>
<td>80432</td>
</tr>
<tr>
<td>2016</td>
<td>94787</td>
</tr>
<tr>
<td>2017</td>
<td>14969</td>
</tr>
</tbody>
</table>
# LAUSD Wellness Network

**Total encounters (2012 – 2017 YTD)**

**Total: 251,174** (as of 5.5.17)

<table>
<thead>
<tr>
<th>Year</th>
<th>School Patients</th>
<th>Non-School Patients</th>
<th>Female</th>
<th>Male</th>
<th>0 - 5</th>
<th>6 thru 9</th>
<th>10 thru 14</th>
<th>15 - 19</th>
<th>20+</th>
<th>Mental</th>
<th>Medical</th>
<th>Dental</th>
<th>Other</th>
</tr>
</thead>
<tbody>
<tr>
<td>2012</td>
<td>1,939</td>
<td>2,187</td>
<td>2,678</td>
<td>1,448</td>
<td>217</td>
<td>153</td>
<td>359</td>
<td>1,748</td>
<td>1,649</td>
<td>326</td>
<td>3,800</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>2013</td>
<td>8,882</td>
<td>9,216</td>
<td>10,936</td>
<td>7,162</td>
<td>825</td>
<td>947</td>
<td>2,279</td>
<td>7,021</td>
<td>7,026</td>
<td>4,110</td>
<td>13,380</td>
<td>308</td>
<td>300</td>
</tr>
<tr>
<td>2014</td>
<td>16,573</td>
<td>22,189</td>
<td>23,104</td>
<td>15,658</td>
<td>2,143</td>
<td>1,971</td>
<td>4,134</td>
<td>12,312</td>
<td>18,202</td>
<td>10,338</td>
<td>26,049</td>
<td>931</td>
<td>1,444</td>
</tr>
<tr>
<td>2015</td>
<td>39,212</td>
<td>41,220</td>
<td>45,868</td>
<td>34,564</td>
<td>5,958</td>
<td>5,631</td>
<td>12,381</td>
<td>20,142</td>
<td>36,320</td>
<td>26,768</td>
<td>39,947</td>
<td>5,570</td>
<td>7,817</td>
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<tr>
<td>2016</td>
<td>37,514</td>
<td>57,273</td>
<td>55,851</td>
<td>38,936</td>
<td>3,751</td>
<td>6,595</td>
<td>12,671</td>
<td>20,612</td>
<td>51,158</td>
<td>25,363</td>
<td>56,171</td>
<td>10,130</td>
<td>3,123</td>
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<tr>
<td>2017</td>
<td>6,405</td>
<td>8,564</td>
<td>8,933</td>
<td>6,036</td>
<td>400</td>
<td>1,181</td>
<td>2,486</td>
<td>4,415</td>
<td>6,487</td>
<td>6,634</td>
<td>6,995</td>
<td>573</td>
<td>767</td>
</tr>
<tr>
<td>TOTAL</td>
<td>110,525</td>
<td>140,649</td>
<td>147,370</td>
<td>103,804</td>
<td>13,294</td>
<td>16,478</td>
<td>34,310</td>
<td>66,250</td>
<td>120,842</td>
<td>73,539</td>
<td>146,342</td>
<td>17,512</td>
<td>13,451</td>
</tr>
<tr>
<td>%</td>
<td>44%</td>
<td>56%</td>
<td>59%</td>
<td>41%</td>
<td>5%</td>
<td>7%</td>
<td>14%</td>
<td>26%</td>
<td>48%</td>
<td>29%</td>
<td>58%</td>
<td>7%</td>
<td>5%</td>
</tr>
</tbody>
</table>
Encounters by demographics (July 2016 – March 2017)

Encounters by patient type
- School Patients, 38%
- Non-School Patients, 62%

Encounters by gender
- Male, 40%
- Female, 60%

Encounters by age range
- 0 - 5: 4%
- 6 thru 9: 6%
- 10 thru 14: 13%
- 15 - 19: 22%
- 20+: 54%
Total encounters by site (July 2016 – March 2017)

<table>
<thead>
<tr>
<th>Site</th>
<th>Encounters</th>
</tr>
</thead>
<tbody>
<tr>
<td>ELC</td>
<td>687</td>
</tr>
<tr>
<td>Jordan</td>
<td>706</td>
</tr>
<tr>
<td>Hollywood</td>
<td>737</td>
</tr>
<tr>
<td>Garfield</td>
<td>2408</td>
</tr>
<tr>
<td>Jefferson</td>
<td>2610</td>
</tr>
<tr>
<td>Locke EEC</td>
<td>2745</td>
</tr>
<tr>
<td>Crenshaw</td>
<td>2883</td>
</tr>
<tr>
<td>Gage</td>
<td>3740</td>
</tr>
<tr>
<td>Belmont</td>
<td>4947</td>
</tr>
<tr>
<td>Manual Arts</td>
<td>4998</td>
</tr>
<tr>
<td>Wash Prep</td>
<td>5836</td>
</tr>
<tr>
<td>Carson</td>
<td>5960</td>
</tr>
<tr>
<td>Fremont</td>
<td>6653</td>
</tr>
<tr>
<td>Monroe</td>
<td>16621</td>
</tr>
</tbody>
</table>
Proportion of school patients, by site (July 2016 – March 2017)
Part 5: Reflections for the 2016-17 School Year

- What made this year successful? (events, strategies, partnerships, new policy, etc.)
- What challenges did your wellness center/campus face this year?
- What are you look forward to trying next year?
L.A. Trust Program Updates

- Kaiser Grant to support HEAL, Oral Health and the DataXchange project

- 4 sites in progress on the data exchange (Belmont, Monroe, Crenshaw and Jefferson)

- County Arts Council Grant to support Jordan High Mural

- Concept paper “being shopped” with LAUSD School Mental Health and LA’s Best to develop trauma informed campuses

- Career Pathways program at Hawkins creating mental health peer advocates and potential dental assistant program at Roosevelt

- Wellness Phase 2 project underway

- Oral Health Initiative focus shift to Kindergarten Mandate
Bringing Wellness to Schools: Opportunities for and Challenges to Mental Health Integration in School-Based Health Centers


Objective: School-based health centers (SBHCs) can provide a broad range of mental health services and support students with mental health needs. This study aimed to explore the opportunities and challenges of integrating mental health services into SBHCs.

Methods: A qualitative study using focus groups with providers, administrators, and staff members at four SBHCs. The study was conducted in four school districts in the Los Angeles area.

Results: Providers reported that integrating mental health services into SBHCs can improve students' access to mental health care and support teachers' needs. However, challenges were also identified, including funding, training, and lack of resources.

Conclusion: Integrating mental health services into SBHCs can provide valuable support for students and teachers, but there are also challenges that need to be addressed.

Keywords: school-based health centers, mental health, community participation.

Abstract

Although mental health issues are prevalent, students often do not receive the necessary support and interventions. School-based health centers (SBHCs) have the potential to provide comprehensive care and improve mental health outcomes for students. This study explores the opportunities and challenges of integrating mental health services into SBHCs.

Introduction

Mental health issues affect a significant number of students, impacting their academic performance and social interactions. School-based health centers (SBHCs) can play a crucial role in addressing these concerns. This study aims to explore the opportunities and challenges of integrating mental health services into SBHCs.

Policy makers, educators, and advocates identify schools as key institutions for health and mental health interventions. Schools are the most common entry point into mental health services in the United States and are recognized as recent reforms as an ideal setting for integrating primary care and school-based mental health services. The 2009 Patient Protection and Affordable Care Act authorized $200 million to expand integrated school-based health programs. Increased capacity of school-based health centers (SBHCs) can provide a spectrum of primary care and mental health services, including access to a broad range of mental health services, on-site mental health assessments, and referrals for additional services. According to the National School-Based Health Alliance (NSBHA), the number of SBHCs has increased significantly, with a 78% increase in the past decade. This increase in SBHCs has improved access to mental health services for students, especially those living in underserved communities.

SBHCs reduce access barriers (for example, transportation, cost, and stigma) and improve health and educational outcomes for vulnerable youth. A comprehensive approach to school-based health centers (SBHCs) is critical to ensure a comprehensive and coordinated approach to mental health services.

Conclusion

This study highlights the opportunities and challenges of integrating mental health services into SBHCs. The findings suggest that SBHCs can provide a valuable resource for improving mental health outcomes for students. Further research is needed to explore the impact of SBHCs on mental health outcomes and to identify strategies to overcome the challenges encountered.

References


Keywords: school-based health centers, mental health, community participation.
An evening of summer fun under the stars will be:
 an artisanal buffet
 Cocktails
 live music
 Dancing
 roaming magicians
 a silent auction

Date: June 22, 2017
Time: 6:00pm - 10:00pm
Location: Traxx Union Station
800 North Alameda Street
Los Angeles, CA
PLEASE COMPLETE A MEETING EVALUATION BEFORE LEAVING TODAY