ORAL HEALTH

UPPER ELEMENTARY LEVEL

The L.A. Trust

STUDENT HEALTH = STUDENT SUCCESS

THE L. A. TRUST FOR CHILDREN'S HEALTH

333 S. BEAUDRY AVE.
29TH FLOOR
LOS ANGELES, CALIFORNIA 90017
(213) 241-3511
TEETH ARE SUPER IMPORTANT!

⭐️ BITE
⭐️ CHEW
⭐️ SMILE

THE L. A. TRUST FOR CHILDREN'S HEALTH

UPPER ELEMENTARY LEVEL
DO SUPER HEROES HAVE ORAL DISEASES??

Let's find out !!!

THE L. A. TRUST FOR CHILDREN'S HEALTH

UPPER ELEMENTARY LEVEL
TOOTH DECAY

BACTERIA + SUGAR → ACID

ACID + HEALTHY TOOTH → DECAYED TOOTH

THE L. A. TRUST FOR CHILDREN'S HEALTH

UPPER ELEMENTARY LEVEL
BLEEDING GUMS are caused by

- Poor oral hygiene
- Plaque deposits
- Brushing too hard
- Vitamin deficiencies
BAD BREATH

is caused by

★ Poor oral hygiene
★ Infections
★ Certain Foods
★ Bacteria on Tongue
★ Dry Mouth

Image by Greg "Léon" Guillemin
BAM!

HOW CAN SUPER HEROES FIGHT ORAL DISEASES??

KAPOW!
EVEN WONDER WOMAN HAS TO BRUSH HER TEETH

1
BRUSHING
Image by Greg "Léon" Guillemín

Learn to BRUSH like a SUPERHERO
CLICK HERE

THE L. A. TRUST FOR CHILDREN’S HEALTH
UPPER ELEMENTARY LEVEL
Heroes brush twice a day for two minutes!

Images by
Greg "Léon" Guillemin
DINNER WAS VERY TASTY!

HELLO
FLOSS

HELP US

DENTAL FLOSS

WE ARE HAPPY

2
FLOSSING
Cleans between teeth
Floss once a day
TONGUE CLEANING

★ Removes germs on tongue

★ Fights bad breath

★ Makes food tastier

Image by Greg "Léon" Guillemin
*modified to suit content
Good Diet vs Bad Diet

The L.A. Trust for Children's Health

Upper Elementary Level
5

REGULAR DENTAL VISITS

Visit the DENTIST twice a year!

The DENTIST helps SUPER HEROES protect their teeth!!
Fluoride makes teeth stronger

AND

Fights cavities

6

FLUORIDATED

DRINKING WATER

Image by
Greg "Léon" Guillemin
*modified to suit content

THE L. A. TRUST FOR CHILDREN'S HEALTH

UPPER ELEMENTARY LEVEL
Let's Protect Our Teeth

Thank You!

The L.A. Trust for Children's Health

Upper Elementary Level