Fremont Wellness Center
A Partnership Story

Jackie Provost, MPH
Director of Programs
UMMA Community Clinic
Los Angeles, CA
jprovost@ummaclinic.org

Bonnie Mims-Greene, R.N., MA
Central Office Organization Facilitator
Student Health & Human Services Division
Community Partnerships and Wellness Programs
Los Angeles Unified School District
Bonnie.Mims-Greene@lausd.net
Today’s Objectives:

- Introduction

- Wellness Networks Overview: Vision & Goals

- Leveraging Fremont Wellness & Garden Partnerships

- Fremont Wellness Center Overview

- Next Steps
Overview Fremont Wellness Project

- Fremont High School
- UMMA Community Clinic
- Weber Community Center
- Los Angeles Neighborhood Land Trust

Logos for The L.A. Trust, Wellness Networks In LAUSD, and LEAP.
Wellness Initiative

Building Wellness Centers in Health Hot Spots

Wellness Networks
In LAUSD
Vision

“Wellness Networks will help meet the primary educational mission of schools by increasing student readiness to learn through enhancing wellness of pre-K to adult students and engaging communities in healthy living”

Los Angeles Trust for Children’s Health, Strategic Plan for LAUSD Wellness Networks
By Gina Airey Consulting, Inc. 2009
Wellness Network Goals

- Focus on preventive services and linkage to community based sources of care
- Resources are leveraged to support students and families
- Shared understanding among stakeholders
How do we create and optimize Wellness Networks?

- Relationship building
- Good communication
- Clear expectations
- Mutual outcomes
- Shared experiences
Leveraging Partnerships

- The Los Angeles Trust for Children’s Health
- Los Angeles Education Program (LAEP)
- Los Angeles County Integrated Services
- Community Health Councils, Inc. (CHC)
Fremont Wellness Center & Community Garden

An Overview
Fremont Wellness Center - Opened August 12, 2013

Services

<table>
<thead>
<tr>
<th>Pediatrics</th>
<th>Adult Medicine</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prenatal – coming soon</td>
<td>Family Planning</td>
</tr>
<tr>
<td>Confidential Teen Health Care</td>
<td>Mental/Behavioral Health</td>
</tr>
<tr>
<td>Confidential HIV/STD Testing</td>
<td>Sports Physicals</td>
</tr>
<tr>
<td>Assistance with Health Insurance Enrollment</td>
<td>Dental – coming later</td>
</tr>
</tbody>
</table>

Hours

Monday 8:30am – 12pm
Tuesday 8:30am – 5pm
Thursday 8:30am – 5pm

Clinic Floor Plan

Two entrances and waiting rooms
Five exam rooms
Two counseling rooms
One conference room
Administrative space
Fremont Wellness Center - Opened August 12, 2013

Current Staffing

- One MD level provider
- One Medical Assistant
- One Front Office/Receptionist
- Referral Coordinator (at primary clinic site, operates through EHR)
- Enrollment Coordinator (as needed)
- Counselors (contract)
- School Supervision Aide (contract)
The Fremont Wellness Center & Community Garden Story Highlights

- Early Start – Long Delays

- Engagement and Partnership Building
  - Health Assessment
  - Student Health Leadership
  - Garden Apprenticeship Program
  - Community Advisory Committee
  - Student pathway of travel and referral systems
Community Health Assessment

- Funded by the California Endowment – shared grant between UMMA and Los Angeles Neighborhood Land Trust
- Community-Based Participatory Research project headed by Special Service for Groups Research and Evaluation

Objectives
- Learn about the services and programs that are wanted and needed by students and the community
- Raise awareness of project among students and community members
- Promote Ownership

Outcome: Guided Road Map in the development of programs and implementation of services
Student Engagement

- **Student Health Leadership Program**
  - 12 member group of Peer Health Educators
  - Annual Membership
  - Paid stipend

- **Garden Apprenticeship Program**
  - Managed by LANLT
  - Instructional and job training
  - Semester membership
  - Paid stipend
  - Two former students currently employed at LANLT
  - Curriculum integration
Community Engagement

- Early Start - Community Forums
- Community Advisory Council
  - Roster of 12 members, mostly former community researchers
  - Monthly meetings
  - Currently co-managed between UMMA and LANLT

Next Steps

- Wellness programs suggested through Health Assessment Report
- Monthly student targeted outreach events to promote services
- Parental Consent Campaign
Thank You!!

Jackie Provost  
UMMA Community Clinic  
(323) 406-5784  
jprovost@ummaclinic.org

Bonnie Mims-Greene  
LAUSD  
(213)241-3851  
Bonnie.Mims-Greene@lausd.net