



Children's Health Insurance Program Reauthorization Act (CHIPRA) Teen Leader Project

Teen Leader Outreach and Education Guide

Use this guide to help you conduct outreach and education about CHIPRA.

STEP ONE: Find a **TRUSTED** adult that you can talk to about health insurance, such as a relative, a neighbor you know, a family friend. You can even talk to a small group of adults at a social function, such as a family party. You should NOT talk to people you do not know or go out in public and approach strangers.

STEP TWO: Introduce yourself as a Teen Leader of LAUSD's CHIPRA Project and describe your role.

"Hi! I'm a Teen Leader for a LAUSD program to help spread the word about the importance of enrolling families in health insurance. I've received training on Covered California and Medi-Cal. Can I spend a few minutes with you to share what I've learned?"

STEP THREE: Ask a few leading questions to get them thinking about health insurance.

Some examples of leading questions to ask:

- "Did you know that children and teens, regardless of immigration status, can qualify for free or low-cost health insurance?"
- "Do you currently have health insurance or would like to learn about your options?"
- "Have you heard of Covered CA and do you know what it is?"

STEP FOUR: Provide basic information about Covered CA and Medi-Cal. Use this opportunity as a conversation that you would have with the trusted adult.

- Covered CA can also help you find out if you qualify for financial help to make insurance more affordable, as well as find out if you're eligible for low or no cost coverage through Medi-Cal.
- With the new law, all low-income children in CA are eligible for full-scope Medi-Cal regardless of immigration status. Medi-Cal enrollment is year round whereas Covered California has enrollment periods.
- CHAMP (Children's Health Access and Medi-Cal Program) is part of LAUSD's Student Health and Human Services Division. CHAMP provides information to parents and district staff on free or low-cost health insurance options.

STEP FIVE: Use the CHAMP FAQ sheet to answer any questions that your person may have.

- You can also show the CHAMP Video explaining the project

STEP SIX: Provide CHAMP flyers and card to the person.

STEP SEVEN: Complete the Contact Log.

- Ask the trusted adult to initial in the areas of topics that were covered in your session.
- Mark the trusted adult's relationship to you.
- Ask the person, "Would like to be contacted by LAUSD CHAMP for more information about insurance and enrollment assistance?" If the person said "yes", ask them to fill in their name and contact information.
- Sign and date the log.
- If the adult has any additional questions you'd like to bring back to your teacher advisor, write the question in the "Activities completed" section.

STEP EIGHT: Thank the person! "Thank you so much for taking the time to let me talk to you about CHIPRA and how to access information and enroll in health insurance. If you have further questions, you can call the CHAMP number printed on the card."

Glossary

Copayment: A way of sharing medical costs. You pay a flat fee every time you receive a medical service. The insurance company pays the rest.

Deductible: The amount of money you must pay each year to cover your medical expenses before the insurance policy starts paying.

Medicaid: a health coverage assistance program run by state and local governments within federal guidelines, serving low-income people of every age. Patients usually pay no part of costs for medical expenses. In California, the program is called Medi-Cal.

Medicare: a federal insurance program that serves people over 65 primarily, and serves younger disabled people and dialysis patients.

Premium: The amount paid by you or your employer, in addition to copayments, coinsurance and deductibles, in exchange for insurance coverage.

Preventive care: Services designed to keep patients healthy, including check-ups, well baby care and adult care, immunizations, cancer screenings such as Pap Smear and mammograms.

Source: http://www.scholastic.com/nextgeneration/pdf/Health_Glossary.pdf

Additional Resources

- The L.A. Trust website: www.thelatruster.org/chipra-teen-leader-project
- CHAMP website: www.champ.lausd.net/
- InsureKidsNow website: www.insurekidsnow.gov
- Scholastic: www.scholastic.com/nextgeneration/pdf/health-ed-guide.pdf