



Farmers Markets	
<p><b>Central Avenue Farmers Market</b> 4301 Central Ave. Los Angeles, CA 90011 Thurs 10:30am-3:00pm</p>	<p><b>Fig at 7th Farmers Market</b> 735 S. Figueroa St. Los Angeles, CA 90017 Thurs 11:00am-2:00pm</p>
Free Groceries	
<p><b>Salvation Army L.A. Central Corp</b> 906 S. Francisco St. Los Angeles, CA 90015 (213) 896-9178 Mon-Thurs 10:00am-12:00pm and 1:00pm-4:00pm</p>	<p><b>Fred Jordan Mission</b> 445 Towne Ave. Los Angeles, CA 90013 (213) 489-7763 Mon-Thurs 10:00am and 5:00pm</p>
Grocery Stores	
<p><b>Superior Grocers</b> 2000 S. Central Ave. Los Angeles, CA 90011 · Mon-Sun 7:00am-10:00pm</p>	<p><b>Numero Uno Market</b> 701 E Jefferson Blvd, Los Angeles, CA 90011 · Mon-Sun 7:00am-10:00pm</p>
<p><b>Smart and Final</b> 1216 Compton Ave, Los Angeles, CA 90021 · Mon-Sat 5:00pm-9:00pm, Sun 6:00am-9:00pm</p>	<p><b>Trader Joe's</b> 3131 S Hoover St, Los Angeles, CA 90089 · Mon-Sun 8:00am-10:00pm</p>
School Meal Programs	
<p><b>Thomas Jefferson Summer Free Lunch Program</b> Daily 11:00am -12:00pm (Ages 1-18)</p>	
Parks and Recreation Centers	
<p><b>Exposition Park</b> 701 State Dr. Los Angeles, CA 90037 (213) 763-0114</p>	<p><b>Fred Roberts Recreation Center</b> 4700 South Honduras St. Los Angeles, CA 90011 (323) 234-8650</p>
<p><b>Ross Snyder Recreation Center</b> 1501 East 41st St. Los Angeles, CA 90011 (323) 231-3964</p>	<p><b>Central Park Recreation Center</b> 1357 E. 22nd St. Los Angeles, CA 90011 (213) 485-4435</p>
Cal Fresh Enrollment	WIC – Women, Infants & Children Program
<p><b>Apply Online:</b> <a href="http://Benefitsca.org">Benefitsca.org</a> -- (877) 847-3663 For more information visit the Department of Public and Social Services: <a href="http://www.cdss.ca.gov/food-nutrition/calfresh">http://www.cdss.ca.gov/food-nutrition/calfresh</a></p>	<p><b>Mobile WIC Website:</b> <a href="https://m.wic.ca.gov/">https://m.wic.ca.gov/</a> For more information visit the California Department of Public Health: <a href="https://www.cdph.ca.gov/">https://www.cdph.ca.gov/</a></p>





**Mercados Agrícolas**

**Central Avenue Farmers Market**  
4301 Central Ave. Los Angeles, CA 90011  
Jue. 10:30am-3:00pm

**Fig at 7th Farmers Market**  
735 S. Figueroa St. Los Angeles, CA 90017  
Jue. 11:00am-2:00pm

**Comida Gratis**

**Salvation Army L.A. Central Corp**  
906 S. Francisco St. Los Angeles, CA 90015  
(213) 896-9178  
Lun.-Jue. 10:00am-12:00pm y 1:00pm-4:00pm

**Fred Jordan Mission**  
445 Towne Ave. Los Angeles, CA 90013  
(213) 489-7763  
Lun.-Jue. 10:00am y 5:00pm

**Los Supermercados**

**Superior Grocers**  
2000 S. Central Ave. Los Angeles, CA 90011  
Lun.-Dom. 7:00am-1:00pm

**Numero Uno Market**  
701 E Jefferson Blvd, Los Angeles, CA 90011 ·  
Lun.-Dom. 7:00am-10:00pm

**Smart and Final**  
1216 Compton Ave, Los Angeles, CA 90021 ·  
Lun.-Sab. 5:00pm-9:00pm, Dom. 6:00am-9:00pm

**Trader Joe's**  
3131 S Hoover St, Los Angeles, CA 90089  
Lun.-Dom. 8:00am-10:00pm

**Programas Escolares**

**Thomas Jefferson Summer Free Lunch Program**  
Diariamente 11:00am -12:00pm (Edades 1-18)

**Parques y Centros de Recreación**

**Exposition Park**  
701 State Dr. Los Angeles, CA 90037  
(213) 763-0114

**Fred Roberts Recreation Center**  
4700 South Honduras St. Los Angeles, CA 90011  
(323) 234-8650

**Ross Snyder Recreation Center**  
1501 East 41st St. Los Angeles, CA 90011  
(323) 231-3964

**Central Park Recreation Center**  
1357 E. 22nd St. Los Angeles, CA 90011  
(213) 485-4435

**Inscripción a Cal Fresh**

Inscríbese en línea: [Benefitsca.org](http://Benefitsca.org) -- (877) 847-3663

Para más información visite el Departamento de servicios públicos y sociales:  
<http://www.cdss.ca.gov/food-nutrition/calfresh>

**WIC – Women, Infants & Children Program**

Sitio móvil de WIC: <https://m.wic.ca.gov/>

Para más información visite el Departamento de salud pública de California: <https://www.cdph.ca.gov/>

