



Farmers Markets

MLK Farmers Market: 1680 E. 120th St. Los Angeles, CA 90059
 Wed 9:00am-2:00pm
 - Accepts CalFresh EBT card and WIC Checks

Community Gardens

Heart of Watts Community Garden: 2254 E 103rd St. Los Angeles, CA 90002

Free Groceries

Jordan High School Summer Free Lunch Program
 Daily 11:00am -12:00pm (Ages 1-18)

Iglesia Pentecostes Templo Calvario
 8824 Long Beach Blvd. South Gate, CA 90280
 Sun 1:00pm-3:00pm and Tues 7:00am-9:00pm

Greater New Unity Church
 9719 Avalon Blvd. Los Angeles, CA 90003
 Fri 8:00am-11:00am

Grocery Stores

Food 4 Less
 1651 E 103rd St. Los Angeles, CA 90002
 Mon-Sun 6:00am-11:00pm

Star Food Store
 2600 Firestone Blvd. South Gate, CA 90280
 Sun-Thurs 7:00am-10:00pm, Fri/Sat 7:00am-11:00pm

Harris Grocery Market
 10624 Juniper St. Los Angeles, CA 90002
 Mon-Sun 8:00am-7:00pm

Numero Uno Market
 9990 Long Beach Blvd. Lynwood, CA 90262
 Mon-Sun 7:00am-10:00pm

School Meal Programs

West Adams Summer Free Lunch Program
 Daily 11:00am -12:00pm (Ages 1-18)

Parks and Recreation Centers

Ted Watkins Memorial Park
 1335 E 103rd St. Los Angeles, CA 90002
 Mon-Sun 12:00pm-5:00pm

Mona Park
 2291 E 121st St. Compton, CA 90222
 Mon-Sun 1:00am-4:45pm

Cal Fresh Enrollment

Apply Online: Benefitsca.org -- (877) 847-3663
 For more information visit the Department of Public and Social Services: <http://www.cdss.ca.gov/food-nutrition/calfresh>

WIC – Women, Infants & Children Program

Mobile WIC Website: <https://m.wic.ca.gov/>
 For more information visit the California Department of Public Health: <https://www.cdph.ca.gov/>





Mercados Agrícolas

MLK Farmers Market: 1680 E. 120th St. Los Angeles, CA 90059
 Mié. 9am-2pm
 - Acepta tarjetas de CalFresh EBT y cheques de WIC

Jardín Comunitario

Heart of Watts Community Garden: 2254 E 103rd St. Los Angeles, CA 90002

Comida Gratis

Jordan High School Summer Free Lunch Program
 Diariamente 11:00am -12:00pm (Edades 1-18)

Iglesia Pentecostes Templo Calvario
 8824 Long Beach Blvd. South Gate, CA 90280
 Dom. 1:00pm-3:00pm y Mar. 7:00am-9:00pm

Greater New Unity Church
 9719 Avalon Blvd. Los Angeles, CA 90003
 Vie. 8:00am-11:00am

Los Supermercados

Food 4 Less
 1651 E 103rd St. Los Angeles, CA 90002
 Lun.-Dom. 6:00am-11:00pm

Star Food Store
 2600 Firestone Blvd. South Gate, CA 90280
 Dom.-Jue. 7:00am-10:00pm, Vie./Sab. 7:00am-11:00pm

Harris Grocery Market
 10624 Juniper St. Los Angeles, CA 90002
 Lun.-Dom. 8:00am-7:00pm

Numero Uno Market
 9990 Long Beach Blvd. Lynwood, CA 90262
 Lun.-Dom. 7:00am-10:00pm

Programas Escolares

West Adams Summer Free Lunch Program
 Diariamente 11:00am -12:00pm (Edades 1-18)

Parques y Centros de Recreación

Ted Watkins Memorial Park
 1335 E 103rd St. Los Angeles, CA 90002
 Lun.-Dom. 12:00pm-5:00pm

Mona Park
 2291 E 121st St. Compton, CA 90222
 Lun.-Dom. 10:00am-4:45pm

Inscripción a Cal Fresh

Inscríbese en línea: Benefitsca.org -- (877) 847-3663

Para más información visite el Departamento de servicios públicos y sociales:
<http://www.cdss.ca.gov/food-nutrition/calfresh>

WIC – Women, Infants & Children Program

Sitio móvil de WIC: <https://m.wic.ca.gov/>

Para más información visite el Departamento de salud pública de California: <https://www.cdph.ca.gov/>

