



Farmers Markets

MLK Farmers Market: 1680 E. 120th St. Los Angeles, CA 90059
 Wed 9:00am-2:00pm
 - Accepts CalFresh EBT card and WIC Checks

Community Gardens

Little Green Acres Park: 10420 S. Vermont Ave. Los Angeles, CA 90044
 Mon-Sun 7:00am-10:00pm

Free Groceries

Imperial Church of Christt
 11316 S. San Pedro St. Los Angeles, CA 90061
 Sat 7:00am-8:30am

Bellevue Presbyterian Church
 675 E. 118th St. Los Angeles, CA 90059
 Every 3rd Thurs 10:00am-11:00am

Blood of Jesus Prayer & Deliverance Ministry
 11001 S. Broadway LA, CA 90061
 Wed 3:00pm-4:00pm

Helping Other People Excel
 11163 S. Central Ave Los Angeles, CA 90059
 Every Fri 9:00am-11:00am

Grocery Stores

Ralphs
 11922 S Vermont Ave. Los Angeles, CA 90044
 Mon-Sun 6:00am-11:00pm

Food 4 Less
 1651 E 103rd St. Los Angeles, CA 90002
 Mon-Sun 6:00am-11:00pm

Smart & Final
 1125 E El Segundo Blvd. Los Angeles, CA 90059
 Mon-Sun 6:00am-10:00pm

Mother's Nutritional Center
 700 W Imperial Hwy # 104, Los Angeles, CA 90044
 Mon-Fri 7:30am-7:00pm, Sat 8:00am-4:00pm

School Meal Programs

John Muir Summer Free Lunch Program
 Daily 11:50am -12:50pm (Ages 1-18)

John Muir Free Snack Service
 Daily 4:30pm-5:00pm (Ages 1-18)

Parks and Recreation Centers

97th Street Park
 554 West 97th Street, Los Angeles, CA 90044
 Mon-Sun Dawn to Dusk

105th Street Pocket Park
 609 West 105th Street, Los Angeles, CA 90044
 Mon-Sun Dawn to Dusk

Cal Fresh Enrollment

Apply Online: Benefitsca.org -- (877) 847-3663
 For more information visit the Department of Public and Social Services: <http://www.cdss.ca.gov/food-nutrition/calfresh>

WIC – Women, Infants & Children Program

Mobile WIC Website: <https://m.wic.ca.gov/>
 For more information visit the California Department of Public Health: <https://www.cdph.ca.gov/>





Mercados Agrícolas

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 - Acepta tarjetas de CalFresh EBT y cheques de WIC

Jardín Comunitario

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 Lun.-Dom. 7:00am-10:00pm

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Los Supermercados

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Programas Escolares

John Muir Summer Free Lunch Program
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John Muir Free Snack Service
 Diariamente 4:30pm-5:00pm (Edades 1-18)

Parques y Centros de Recreación

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 Lun.-Dom. Amanecer to Anochecer

105th Street Pocket Park
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Inscripción a Cal Fresh

Inscríbese en línea: Benefitscal.org -- (877) 847-3663

Para más información visite el Departamento de servicios públicos y sociales:
<http://www.cdss.ca.gov/food-nutrition/calfresh>

WIC – Women, Infants & Children Program

Sitio móvil de WIC: <https://m.wic.ca.gov/>

Para más información visite el Departamento de salud pública de California: <https://www.cdph.ca.gov/>

