



**Farmers Markets**

**Adams/Vermont Farmers Market**

1432 W Adams Blvd. Los Angeles, CA 90007

Wed 2:00pm- 6:00pm

- Department of Public and Social Services will be conducting onsite CalFresh enrollment

**USC Farmers Market**

McCarthy Quad

3551 Trousdale Pkwy, Los Angeles, CA 90089

Wed 11:00am-3:00pm

**Community Gardens**

**Crenshaw Community Garden:** 1423 Crenshaw Blvd. Los Angeles, CA 90019

**Free Groceries**

**Salvation Army L.A. Central Corp**

906 Francisco St. Los Angeles, CA 90015

Mon-Thurs 10:00am-12:00pm and 1:00pm-4:00pm

**Angel's Flight Runaway**

357 S Westlake Ave. Los Angeles, CA

Mon, Wed-Fri: 10:00am-12:00pm and 1:00pm- 3:00pm

**Wilshire Blvd Temple**

3663 Wilshire Blvd. Los Angeles, CA 90010

Sun 8:30am- 9:30am

**First Baptist Church**

760 S Westmoreland Ave. Los Angeles, CA 90005

Fri 8:00am-9:30am

**Grocery Stores**

**Ralphs**

645 W 9th St. Los Angeles, CA 90015

Mon-Sun 5:00am- 2:00am

**Ralphs**

2600 S Vermont Ave. Los Angeles, CA 90007

Mon-Sun 5:00am- 1:00am

**Mother's Nutritional Center**

1605 W Washington Blvd. Los Angeles, CA 90006

Mon-Fri 7:30am- 7:00pm Sat 8:00am-4:00pm

**Smart & Final**

2949 W Pico Blvd. Los Angeles, CA 90006

Mon-Sun 6:00am- 10:00pm

**School Meal Programs**

**West Adams Summer Free Lunch Program**

Daily 11:00am -12:00pm (Ages 1-18)

**Parks and Recreation Centers**

**Expo Center**

3980 Bill Robertson Ln. Los Angeles, CA 90037

Mon-Sun 6:00am-8:00pm

**Martin Luther King Jr. Center**

3916 S Western Ave L.A., CA 90062

Mon-Fri 9:00am-9:00pm, Sat 9:00am-5:00pm

**Cal Fresh Enrollment**

**Apply Online:** [Benefitsca.org](http://Benefitsca.org) -- (877) 847-3663

For more information visit the Department of Public and Social Services: <http://www.cdss.ca.gov/food-nutrition/calfresh>

**WIC – Women, Infants & Children Program**

**Mobile WIC Website:** <https://m.wic.ca.gov/>

For more information visit the California Department of Public Health: <https://www.cdph.ca.gov/>





### Mercados Agrícolas

<p><b>Adams/Vermont Farmers Market</b>                  1432 W Adams Blvd. Los Angeles, CA 90007                  Mié. 2pm- 6pm</p> <ul style="list-style-type: none"> <li>El Departamento de servicios públicos y sociales estarán realizando la inscripción con CalFresh</li> </ul>	<p><b>USC Farmers Market</b>                  McCarthy Quad                  3551 Trousdale Pkwy, Los Angeles, CA 90089                  Mié. 11am-3pm</p>
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### Jardín Comunitario

**Crenshaw Community Garden:** 1423 Crenshaw Blvd. Los Angeles, CA 90019

### Comida Gratis

<p><b>Salvation Army L.A. Central Corp</b>                  906 Francisco St. Los Angeles, CA 90015                  Lun.-Jue. 10:00am-12:00pm y 1:00pm-4:00pm</p>	<p><b>Angel's Flight Runaway</b>                  357 S Westlake Ave. Los Angeles, CA                  Lun., Mié.-Vie.: 10:00am-12:00pm y 1:00pm- 3:00pm</p>
<p><b>Wilshire Blvd Temple</b>                  3663 Wilshire Blvd. Los Angeles, CA 90010                  Dom. 8:30- 9:30am</p>	<p><b>First Baptist Church</b>                  760 S Westmoreland Ave. Los Angeles, CA 90005                  Vie. 8:00am-9:30am</p>

### Los Supermercados

<p><b>Ralphs</b>                  645 W 9th St. Los Angeles, CA 90015                  Lun.-Dom. 5:00am- 2:00am</p>	<p><b>Ralphs</b>                  2600 S Vermont Ave. Los Angeles, CA 90007                  Lun.-Dom. 5:00am- 1:00am</p>
<p><b>Mother's Nutritional Center</b>                  1605 W Washington Blvd. Los Angeles, CA 90006                  Lun.-Vie. 7:30am- 7:00pm Sab. 8:00am-4:00pm</p>	<p><b>Smart &amp; Final</b>                  2949 W Pico Blvd. Los Angeles, CA 90006                  Lun.-Dom. 6:00am- 10:00pm</p>

### Programas Escolares

**West Adams Summer Free Lunch Program**  
 Diariamente 11:00am -12:00pm (Edades 1-18)

### Parques y Centros de Recreación

<p><b>Expo Center</b>                  3980 Bill Robertson Ln. Los Angeles, CA 90037                  Lun.-Dom. 6:00am-8:00pm</p>	<p><b>Martin Luther King Jr. Center</b>                  3916 S Western Ave L.A., CA 90062                  Lun.-Vie. 9:00am-9:00pm, Sab. 9:00am-5:00pm</p>
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### Inscripción a Cal Fresh

Inscríbese en línea: [Benefitsca.org](http://Benefitsca.org) -- (877) 847-3663

Para más información visite el Departamento de servicios públicos y sociales:

<http://www.cdss.ca.gov/food-nutrition/calfresh>

### WIC – Women, Infants & Children Program

Sitio móvil de WIC: <https://m.wic.ca.gov/>

Para más información visite el Departamento de salud pública de California: <https://www.cdph.ca.gov/>

